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Title: **The OM Factor: A Woman's
Spiritual Guide to Leadership
audiobook**

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**“Alka eloquently shares how to bring spirituality in the
business world by giving the tools and steps to the soul of
leadership.”**

--Deepak Chopra, MD

Alka Dhillon, the Spiritual CEO, Releases Her International Best-Selling Book *The OM Factor: A Woman's Spiritual Guide to Leadership* on Audiobook.

In a time when women are faced with mounting stress, anxiety, and imbalance between career and home life, award-winning CEO and author Alka Dhillon's *The OM Factor: A Woman's Spiritual Guide to Leadership* presents an easy-to-use holistic solution. Available on audiobook for the first time, *The OM Factor* solves a growing problem with proven plug-and-play methods to deal with stressful situations in the workplace and tools to limit those situations from occurring in the future. Listeners will be given the ability to foster harmony and lasting well-being wherever they need with the digital edition. Narrated by the author, *The OM Factor* audiobook highlights 7 essential tools and 7 key traits audiences can cultivate to achieve success with immediate and effective results.

The OM Factor: A Woman's Spiritual Guide to Leadership is an Axiom Business Book Award Bronze Medal Winner, recognized for encompassing the traits that leaders should nurture to be in tune with their body, mind, and spirit. Listeners will learn to cultivate seven important traits to achieve a spiritual evolution. Each trait is accompanied by a corresponding yoga pose, designed to be used easily and quickly wherever they are to enhance their practice for lasting results. Together, this creates an infinitely adaptable toolbox for use in any aspect of life.

The OM Factor: A Woman's Spiritual Guide to Leadership audiobook will be available on May 21, 2019 from Audible, Apple Books and Amazon.

“The audiobook has been in high demand since we released the book. People are looking for a way to take the lessons with them digitally so they can listen and use on the go. The audiobook gives them the ability to do that.” says author Alka Dhillon.

The OM Factor: A Woman's Spiritual Guide to Leadership has been praised by business and spiritual leaders since its release. Best-selling author Wayne Dyer called it “*A thorough guide to inner peace, complete with highly specific practical tools for living an enriched happy life. Designed for women, however as a man, I found it spiritually invigorating and uplifting.*” Now readers who have enjoyed this unique program will be able to take it with them, anywhere they go.

About the author:

Alka Dhillon, the Spiritual CEO, is the founder and CEO of Technalink, an IT services and management consulting firm headquartered in Tysons Corner, Virginia, serving the public and private sectors. She's earned multiple honors, including the Top 100 Women Leaders in STEM Award and the Global Technology and Innovation Leaders Award of the Decade presented by the Women's Economic Forum. She is a regular contributor to Today.com and NBC Universal. Learn more at www.alkadhillon.com.

